

MACCRO SMOOTHIES SUPERFOOD DRINKS*

<i>*Approved by in-house nutritionist</i>	
Amazonian Beast	15
Açaí, Banana, Berries, Chocolate, Peanut Butter, Skim Milk	
Chocolate Hulk	15
WPI*, Chocolate, Banana, Peanut Butter, Chia Seeds, Skim Milk	
Matcha Green Keto	16
Pea Protein*, Avocado, Spinach, Almonds, Almond Milk	
Bump & Pump	16
WPI*, Double Shot Coffee, Manuka Honey, Skim Milk	
Warrior	15
WPI*, Mixed Berries, Chia Seeds, Oats, Banana, Honey, Skim Milk	
2X²	11
Double Scoop WPI*, Skim Milk, Ice	
<i>*WPI Whey Protein Isolate: Vanilla, Chocolate, Strawberry, Caramel, Hazelnut</i>	
<i>EXTRAS: Pea Protein +3, Other Milks +1</i>	

FROZEN FRUIT FRAPPÉS

Açaí Monkey	19
Amazonian Açaí, Banana, Mixed Berries, Coconut Water	
Tropical Breeze	13
Pineapple, Mango, Passionfruit, Coconut Water	
Sunrise Glow	13
Strawberry, Mango, Pineapple, Kiwi, Coconut Water	
Berry Mint Burst	13
Mixed Berries, Mint, Yoghurt, Coconut Water	
Watermelon Mint Frost	13
Watermelon, Mint, Coconut Water	
Lemon, Lime, Mint	13
Lemon, Lime, Crushed Mint, Coconut Water	
Mango Dream	13
Mango, Banana, Coconut Water	

FRESH JUICES

MADE TO ORDER

Immunity	13
Orange, Apple, Ginger, Mint, Lemon	
Green	13
Green Apple, Spinach, Cucumber, Celery	
Tropical	13
Mango, Pineapple, Orange, Mint	
Booster	13
Orange, Carrot, Ginger, Lemon	
M.Y.O	14
<i>CHOOSE 3 INGREDIENTS: Orange, Apple, Pineapple, Carrot, Celery, Cucumber, Spinach, Mint, Ginger, Lemon</i>	

SOFT DRINKS

San Pellegrino Sparkling Water	5.9 / 11
<i>Small or Large</i>	
Acqua Panna Still Water	5.9 / 11
<i>Small or Large</i>	
Coke, Coke NS, Fanta, Sprite, Ginger Beer	5.9
San Pellegrino Sparkling Juices	6.5
Chinotto, Aranciata Rossa, Limonata	

ICED COFFEE STYLES & SHAKES

Greek Frappé	11
Whipped Espresso, Ice, Black / Milk / Sugar	
Coffee Frappé	11
Espresso, Milk, Ice Blend	
Chocolate Frappé	11
Chocolate, Milk, Ice Blend	
Strawberry Matcha Frappé	12
Strawberry, Milk, Ice Blend	
Chai Frappé	11
Chai, Milk, Ice Blend	
Mocha Frappé	13
Chocolate, Espresso, Milk, Ice Blend	
Freddo Espresso	6
Double Espresso, Ice	
Freddo Cappuccino	7.5
Double Espresso, Ice, Whipped Skim Milk	
Iced Chocolate	11
Chocolate, Milk, Ice Cream, Whipped Cream, Ice	
Iced Coffee	11
Espresso, Milk, Ice Cream, Whipped Cream, Ice	
Iced Matcha or Chai	11
Cinnamon, Oat Milk, Over Ice	
Iced Long Black	6.5
Espresso, Water, Over Ice	
Iced Latte	9.5
Espresso, Milk, Over Ice	
Milkshake / Thick-Shake	11 / 13
Ice Cream, Milk, Flavour	
<i>FLAVOURS: Chocolate, Vanilla, Strawberry, Caramel, Hazelnut</i>	

HOUSE-ROASTED COFFEE & TEA

Espresso, Ristretto	4.9
Cappuccino, Flat White, Latte, Macchiato, Piccolo Long Black, Hot Chocolate	5.4
Mocha, Matcha, Turmeric Latte	6.5
Affogato	9.5
Espresso, Vanilla Ice-Cream	
<i>OPTIONS: Large Size, Extra Shot, Decaf, Soy Milk, Almond Milk, Lactose Free Milk, Oat Milk +1</i>	
Frangelico Affogato	18.9
Espresso Over Vanilla Ice-Cream, Hazelnut, Frangelico	
Teas by Serenity	6
English Breakfast, Supreme Earl Grey, Darjeeling Green, Chamomile Blossom, Peppermint, Lemongrass Ginger	

WHITE WINE

Giesen Sauvignon Blanc (Organic)	17 / 66
Marlborough, NZ	
Pocketwatch Pinot Gris	16 / 62
Central Ranges, NSW	
Young Poets Pinot Grigio	16 / 62
Australia	
Robert Oatley Signature Riesling	75
Great Southern, WA	
Wildflower Chardonnay	16 / 62
Margaret River, WA	
Santi Pinot Grigio	75
Veneto, Italy	
Gordon Ramsay Vibrante Bianco	17 / 66
Abruzzo & Tuscany, Italy	
MandraRossa Vermentino	62
Sicilia, Italy	
MandraRossa Fiano	62
Sicilia, Italy	
La Gioiosa Organic Prosecco	19 / 84
Veneto, Italy	

RED WINE

Pocketwatch Pinot Noir	16 / 62
Vic	
Gemtree Cinnabar GSM	80
McLaren Vale, SA	
Young Poets Cabernet Sauvignon	16 / 62
Australia	
Rymill Dark Horse Cabernet Sauvignon	79
Coonawarra, SA	
Four In Hand Shiraz	17 / 66
Barossa, SA	
Gordon Ramsey Intenso Rosso	17 / 66
Tuscany & Abruzzo, Italy	
MandraRossa Nero D'Avola	75
Sicilia, Italy	
Ricasoli Barone Chianti	75
Tuscany Italy	
Tommasi Valpolicella	80
Veneto, Italy	
Barbera d'Alba Belcolle	80
Verduno, Italy	
Di Giorgio Family Montepulciano	18 / 75
Coonawarra, SA	

BLUSH WINE

Fiore Pink Moscato	62
Mudgee, NSW	
Wildflower Rosé	16 / 62
Margaret River, WA	
Gordon Ramsay 'Elegante' Rosato	65
Abruzzo & Tuscany, Italy	

BEER & CIDER

James Boag Light	14	Corona	14
Lager		Lager	
White Rabbit	16	One Fifty Lashes	15
Dark Ale		Pale Ale	
Peroni Lager	14	Apple Cider	14

MOCKTAILS

Rising Sun	15
Pink Grapefruit, Sparkling Water	
Orange Spritz	15
Orange Extract, Lemon, Sparkling Water	
Passion Fruit Delight	15
Passion Fruit Pure, Pineapple Juice, Lime	
Peach Shrub	15
Peach Nectar, Lemon, Apple, Vanilla	
Lychee & Elderflower Slushy	15
Lychee, Elderflower, Mint, Lemon	

COCKTAILS

Amaretto Sour	24
Amaretto, Lemon Juice, Simple Syrup, Angostura Bitters, Egg White	
Artemisia	22 / 79
Vodka, Strawberries, Rosewater, Lime, Soda	
Aviation	24
Gin, Cointreau, Blue Curaçao, Lime Juice	
Coco Rum	25
White Rum, Coconut, Pineapple Juice, Lime, Mint	
Daiquiri Mango / Strawberry	22
White Rum, Lime Juice	
Espresso Martini	24
House Espresso, Vodka, Kahlua	
Long Island	24 / 89
Gin, Vodka, Tequila, White Rum, Cointreau, Simple, Lemon Juice, Cola	
Martini Classic / Lychee / Passion Fruit	20
Margarita Classic / Spicy / Watermelon	22
Tequila, Cointreau, Lime, Agave	
Midori Splice	25
Midori, Malibu, Pineapple Juice, Cream	
Mojito Classic / Passionfruit	22 / 79
White Rum, Mint, Lime, Soda	
Negroni	22
Sweet Bourbon, Campari, Gin	
Old Fashioned	25
Bourbon, Bitters, Simple Syrup	
Passion Fruit Melon	25
Vodka, Rockmelon Liqueur, Passionfruit & Pineapple Juice	
Spritz Aperol / Campari / Limoncello	21 / 65
Sangria Red Wine / White Wine	69
White Russian	25
Vodka, Kahlua, Cream	

APERITIFS, DIGESTIVES & SPIRITS

Aperitifs & Digestives	From 11
Liqueurs, Amaretto, Limoncello & Others	
House Spirits	From 14
Vodka, Gin, Scotch, Bourbon, Rum & Others	
Top Shelf Spirits	From 18
Vodka, Gin, Scotch, Bourbon, Rum, Cognac, Tequila & Others	



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Of Our Spirits On Menus



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